


Nutritional Information for Coffee Drinks

		Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	% of Daily Value*	Saturated Fat (g)	% of Daily Value*	Trans Fat (g)	Cholesterol (mg)	% of Daily Value*	Sodium (mg)	% of Daily Value*	Total Carbohydrate (g)	% of Daily Value*	Dietary Fiber (g)	% of Daily Value*	Sugars (g)	Protein (g)	Vitamin A (% daily value)*	Vitamin C (% daily value)*	Calcium (% daily value)*	Iron (% daily value)*
Iced Coffee																								
Sweet Cream Latte		412	Like it	230	110	12	18%	8	40%	0.0	50	17%	70	3%	25	8%	0	0%	23	6	15	0	15	0
Sweet Cream Latte		542	Love it	280	130	15	23%	10	50%	0.0	60	20%	90	4%	31	10%	0	0%	27	8	15	0	20	2
Sweet Cream Latte		667	Gotta Have it	370	180	20	31%	13	65%	0.5	80	27%	115	5%	41	14%	0	0%	36	10	20	0	25	2
Milk Caramel Latte		410	Like it	280	100	11	17%	7	35%	0.0	40	13%	110	5%	41	14%	0	0%	31	6	10	0	15	2
Milk Caramel Latte		571	Love it	420	130	15	23%	10	50%	0.0	55	18%	180	8%	67	22%	0	0%	49	8	15	0	20	2
Milk Caramel Latte		664	Gotta Have it	470	150	17	26%	11	55%	0.0	65	22%	190	8%	73	24%	0	0%	54	9	15	0	25	2
Rich Mocha Latte		410	Like it	270	110	12	18%	8	40%	0.0	40	13%	140	6%	38	13%	0	0%	34	6	10	0	15	6
Rich Mocha Latte		571	Love it	410	150	16	25%	12	60%	0.0	50	17%	240	10%	62	21%	1	4%	54	9	15	0	25	10
Rich Mocha Latte		664	Gotta Have it	460	170	19	29%	14	70%	0.0	60	20%	250	10%	67	22%	1	4%	58	10	15	0	30	10
Raspberry Truffle Mocha Latte		425	Like it	300	110	12	18%	8	40%	0.0	40	13%	150	6%	45	15%	1	4%	40	6	10	20	20	6
Raspberry Truffle Mocha Latte		601	Love it	470	150	16	25%	12	60%	0.0	50	17%	250	10%	75	25%	1	4%	67	9	15	45	25	10
Raspberry Truffle Mocha Latte		694	Gotta Have it	520	170	19	29%	14	70%	0.0	60	20%	260	11%	81	27%	1	4%	71	10	15	45	30	10
Vanilla Crème Latte		427	Like it	280	110	12	18%	8	40%	0.0	50	17%	70	3%	38	13%	0	0%	35	6	15	0	15	0
Vanilla Crème Latte		572	Love it	380	130	15	23%	10	50%	0.0	60	20%	90	4%	56	19%	0	0%	52	8	15	0	20	2
Vanilla Crème Latte		712	Gotta Have it	520	180	20	31%	13	65%	0.5	80	27%	115	5%	79	26%	0	0%	73	10	20	0	25	2
Lite Iced Coffee																								
Lite Sweet Cream Latte		407	Like it	60	0	0	0%	0	0%	0.0	5	2%	75	3%	9	3%	0	0%	8	6	6	0	20	2
Lite Sweet Cream Latte		537	Love it	80	0	0	0%	0	0%	0.0	5	2%	90	4%	11	4%	0	0%	9	7	8	0	25	2
Lite Sweet Cream Latte		660	Gotta Have it	100	0	0	0%	0	0%	0.0	5	2%	120	5%	15	5%	0	0%	12	9	10	0	35	2
Lite Milk Caramel Latte		406	Like it	140	10	1	2%	1	5%	0.0	5	2%	110	5%	28	9%	0	0%	19	5	6	0	20	2
Lite Milk Caramel Latte		566	Love it	250	20	2.5	4%	1.5	8%	0.0	10	3%	180	8%	51	17%	0	0%	34	7	8	0	25	2
Lite Milk Caramel Latte		659	Gotta Have it	270	20	2.5	4%	1.5	8%	0.0	10	3%	200	8%	53	18%	0	0%	36	8	10	0	30	2
Lite Rich Mocha Latte		406	Like it	140	20	2	3%	2	10%	0.0	5	2%	140	6%	25	8%	0	0%	22	6	6	0	20	6
Lite Rich Mocha Latte		566	Love it	240	40	4	6%	4	20%	0.0	5	2%	240	10%	45	15%	1	4%	39	8	6	0	30	10
Lite Rich Mocha Latte		659	Gotta Have it	260	40	4	6%	4	20%	0.0	5	2%	250	10%	48	16%	1	4%	40	10	8	0	30	10
Lite Raspberry Truffle Mocha Latte		421	Like it	170	20	2	3%	2	10%	0.0	5	2%	150	6%	32	11%	1	4%	28	6	6	20	20	6
Lite Raspberry Truffle Mocha Latte		596	Love it	300	40	4	6%	4	20%	0.0	5	2%	250	10%	59	20%	1	4%	52	8	8	45	30	10
Lite Raspberry Truffle Mocha Latte		689	Gotta Have it	310	40	4	6%	4	20%	0.0	5	2%	270	11%	61	20%	1	4%	53	10	8	45	35	10
Lite Vanilla Crème Latte		422	Like it	110	0	0	0%	0	0%	0.0	5	2%	75	3%	22	7%	0	0%	20	6	6	0	20	2
Lite Vanilla Crème Latte		567	Love it	170	0	0	0%	0	0%	0.0	5	2%	85	4%	36	12%	0	0%	33	6	6	0	25	2
Lite Vanilla Crème Latte		705	Gotta Have it	250	0	0	0%	0	0%	0.0	5	2%	120	5%	53	18%	0	0%	50	9	10	0	35	2
Blended Coffee * does not include whipped topping																								
Sweet Cream Latte		370	Like it	230	110	12	18%	8	40%	0.0	50	17%	70	3%	25	8%	0	0%	23	6	15	0	15	0
Sweet Cream Latte		471	Love it	280	130	15	23%	10	50%	0.0	60	20%	85	4%	31	10%	0	0%	27	8	15	0	20	2
Sweet Cream Latte		633	Gotta Have it	370	180	20	31%	13	65%	0.5	80	27%	115	5%	41	14%	0	0%	36	10	20	0	25	2
Milk Caramel Latte		368	Like it	280	100	11	17%	7	35%	0.0	40	13%	110	5%	41	14%	0	0%	31	6	10	0	15	2
Milk Caramel Latte		500	Love it	420	130	15	23%	10	50%	0.0	55	18%	180	8%	67	22%	0	0%	49	8	15	0	20	2
Milk Caramel Latte		630	Gotta Have it	470	150	17	26%	11	55%	0.0	65	22%	190	8%	73	24%	0	0%	54	9	15	0	25	2
Rich Mocha Latte		368	Like it	270	110	12	18%	8	40%	0.0	40	13%	140	6%	38	13%	0	0%	34	6	10	0	15	6
Rich Mocha Latte		500	Love it	410	150	16	25%	12	60%	0.0	50	17%	230	10%	62	21%	1	4%	54	9	15	0	25	10
Rich Mocha Latte		630	Gotta Have it	460	170	19	29%	14	70%	0.0	60	20%	250	10%	67	22%	1	4%	58	10	15	0	30	10
Raspberry Truffle Mocha Latte		383	Like it	300	110	12	18%	8	40%	0.0	40	13%	140	6%	45	15%	1	4%	40	6	10	20	20	6
Raspberry Truffle Mocha Latte		530	Love it	470	150	16	25%	12	60%	0.0	50	17%	250	10%	75	25%	1	4%	67	9	15	45	25	10
Raspberry Truffle Mocha Latte		660	Gotta Have it	520	170	19	29%	14	70%	0.0	60	20%	260	11%	81	27%	1	4%	71	10	15	45	30	10
Vanilla Crème Latte		385	Like it	280	110	12	18%	8	40%	0.0	50	17%	70	3%	38	13%	0	0%	35	6	15	0	15	0
Vanilla Crème Latte		501	Love it	380	130	15	23%	10	50%	0.0	60	20%	85	4%	56	19%	0	0%	52	8	15	0	20	2
Vanilla Crème Latte		678	Gotta Have it	520	180	20	31%	13	65%	0.5	80	27%	115	5%	79	26%	0	0%	73	10	20	0	25	2
Lite Blended Coffee * does not include whipped topping																								
Lite Sweet Cream Latte		365	Like it	60	0	0	0%	0	0%	0.0	5	2%	70	3%	9	3%	0	0%	8	6	6	0	20	2
Lite Sweet Cream Latte		466	Love it	80	0	0	0%	0	0%	0.0	5	2%	85	4%	11	4%	0	0%	9	7	8	0	25	2
Lite Sweet Cream Latte		626	Gotta Have it	100	0	0	0%	0	0%	0.0	5	2%	115	5%	15	5%	0	0%	12	9	10	0	35	2
Lite Milk Caramel Latte		364	Like it	140	10	1	2%	1	5%	0.0	5	2%	110	5%	28	9%	0	0%	19	5	6	0	20	2
Lite Milk Caramel Latte		495	Love it	250	20	2.5	4%	1.5	8%	0.0	10	3%	180	8%	51	17%	0	0%	34	7	8	0	25	2
Lite Milk Caramel Latte		625	Gotta Have it	270	20	2.5	4%	1.5	8%	0.0	10	3%	190	8%	53	18%	0	0%	36	8	10	0	30	2
Lite Rich Mocha Latte		364	Like it	140	20	2	3%	2	10%	0.0	5	2%	140	6%	25	8%	0	0%	22	6	6	0	20	6
Lite Rich Mocha Latte		495	Love it	240	40	4	6%	4	20%	0.0	5	2%	240	10%	45	15%	1	4%	39	8	6	0	30	10
Lite Rich Mocha Latte		625	Gotta Have it	260	40	4	6%	4	20%	0.0	5	2%	250	10%	48	16%	1	4%	40	10	8	0	30	10
Lite Raspberry Truffle Mocha Latte		379	Like it	170	20	2	3%	2	10%	0.0	5	2%	150	6%	32	11%	1	4%	28	6	6	20	20	6
Lite Raspberry Truffle Mocha Latte		525	Love it	300	40	4	6%	4	20%	0.0	5	2%	250	10%	59	20%	1	4%	52	8	8	45	30	10
Lite Raspberry Truffle Mocha Latte		655	Gotta Have it	310	40	4	6%	4	20%	0.0	5	2%	260	11%	61	20%	1	4%	53	10	8	45	35	10
Lite Vanilla Crème Latte		380	Like it	110	0	0	0%	0	0%	0.0	5	2%	70	3%	22	7%	0	0%	20	6	6	0	20	2
Lite Vanilla Crème Latte		496	Love it	170	0	0	0%	0	0%	0.0	5	2%												