


# Hot Stone™ Desserts Nutritional Information

	Serving Weight (g)	Total calories (cal)	Calories from fat (fat cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
<b>Hot Stone</b>												
Brownie A La Cold Stone™	325	1070	450	50	24	0.0	105	560	148	4	110	13
Chocolate Lava Meltdown™	325	980	430	47	33	0.5	105	700	127	4	102	13
Hot for Cookie™	223	730	350	39	25	0.5	90	430	91	4	64	8

Percent Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The Nutritional Information Cold Stone Creamery® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

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