


Frappé Nutritional Information

	Serving weight (g)	Size	Total calories (cal)	Calories from fat (fat cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Frappé WITH Whipped Topping													
Coffee Frappé	449	12 oz	540	240	26	20	0	65	15	70	0	68	6
Coffee Frappé	686	20 oz	730	310	35	26	0	100	20	100	0	97	9
Mocha Frappé	497	12 oz	680	270	30	23	0	65	140	98	1	93	8
Mocha Frappé	763	20 oz	960	360	40	30	0	100	220	143	1	137	13
Caramel Frappé	495	12 oz	680	250	28	21	0	70	95	102	0	89	7
Caramel Frappé	761	20 oz	970	340	37	27	0	105	150	151	0	130	11
Frappé WITHOUT Whipped Topping													
Coffee Frappé	407	12 oz	400	150	16	10	0	65	5	59	0	58	6
Coffee Frappé	644	20 oz	600	220	24	15	0	95	10	89	0	87	9
Mocha Frappé	455	12 oz	540	180	20	13	0	65	135	87	1	83	8
Mocha Frappé	721	20 oz	820	270	30	20	0	100	220	113	1	126	12
Caramel Frappé	453	12 oz	540	160	18	11	0	70	85	91	0	78	7
Caramel Frappé	719	20 oz	830	240	27	17	0	105	140	140	0	120	10

Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The Nutritional Information Cold Stone Creamery® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

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