


## Nutritional Information for Sinless Shakes

	Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	% of Daily Value***	Saturated Fat (g)	% of Daily Value***	Trans Fat (g)	Cholesterol (mg)	% of Daily Value***	Sodium (mg)	% of Daily Value***	Total Carbohydrate (g)	% of Daily Value***	Dietary Fiber (g)	% of Daily Value***	Sugar (g)	Protein (g)	Vitamin A (% daily value)	Vitamin C (% daily value)	Calcium (% daily value)	Iron (% daily value)
	<b>Shakes made with Sinless</b>																						
Sinless Cake n Shake	502	16 oz	670	60	7	11%	2	10%	0.0	15	5%	780	33%	140	47%	1	4%	57	24	25	4	70	6
Sinless Cake n Shake	607	20 oz	840	80	9	14%	2.5	13%	0.0	20	7%	980	41%	175	58%	1	4%	71	29	30	6	80	6
Sinless Cake n Shake	728	24 oz	960	90	10	15%	3	15%	0.0	20	7%	1120	47%	203	68%	1	4%	82	34	30	8	100	8
Sinless Oh Fudge	480	16 oz	490	20	2	3%	2	10%	0.0	0	0%	360	15%	110	37%	0	0%	44	23	4	6	60	4
Sinless Oh Fudge	599	20 oz	670	35	4	6%	3.5	18%	0.0	5	2%	490	20%	149	50%	1	4%	64	29	4	8	70	8
Sinless Oh Fudge	750	24 oz	780	35	4	6%	3.5	18%	0.0	5	2%	580	24%	174	58%	1	4%	74	36	6	8	90	8
Sinless Milk and Cookies	475	16 oz	510	45	4.5	7%	1	5%	0.0	0	0%	400	17%	109	36%	1	4%	37	23	4	6	50	6
Sinless Milk and Cookies	587	20 oz	710	80	9	14%	2	10%	0.0	0	0%	580	24%	147	49%	1	4%	52	28	4	6	60	10
Sinless Milk and Cookies	708	24 oz	820	80	9	14%	2	10%	0.0	0	0%	650	27%	171	57%	1	4%	60	34	4	8	80	10
Sinless Very Vanilla	480	16 oz	500	10	1	2%	0.5	3%	0.0	5	2%	330	14%	113	38%	0	0%	41	22	4	6	50	0
Sinless Very Vanilla	570	20 oz	590	10	1	2%	0.5	3%	0.0	5	2%	390	16%	135	45%	0	0%	47	27	4	6	60	0
Sinless Very Vanilla	719	24 oz	780	20	2	3%	1.5	8%	0.0	10	3%	510	21%	178	59%	0	0%	68	33	6	8	80	0

\*\*\* Percentage Daily Values are based on a 2,000 calorie diet.

The Nutritional Information Cold Stone Creamery has provided is based on standard product formulations. Product variations may occur bases on regional differencies, ingredient substitutions, seasonal conditons, differences in product product production at the store, and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, and regional menu variations.