


Nutritional Information for Grab and Go Ice Cream

	Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	% of Daily Value***	Saturated Fat (g)	% of Daily Value***	Trans Fat (g)	Cholesterol (mg)	% of Daily Value***	Sodium (mg)	% of Daily Value***	Total Carbohydrate (g)	% of Daily Value***	Dietary Fiber (g)	% of Daily Value***	Sugars (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (% daily value)	Vitamin C (% daily value)	Calcium (% daily value)	Iron (% daily value)
	Ice Cream																							
Cake Batter Batter, Batter™	74	1/2 Cup	210	100	11	16	6	29	0	35	11	120	5	27	9	0	0	19	0	3	6	0	8	0
Chocolate Devotion™	74	1/2 Cup	200	100	11	17%	6	31%	0.0	35	11%	80	3%	26	9%	1	5%	20	0	3	6	0	6	6
Coffee Lovers Only®	74	1/2 Cup	210	110	13	20%	7	33%	0.0	30	11%	70	3%	22	7%	<1	2%	19	0	3	6	0	10	0
Crème De La Berry™	74	1/2 Cup	180	80	9	14%	6	29%	0.0	60	20%	50	2%	23	8%	0	0%	18	0	3	8	2	8	0
Founder's Favorite®	74	1/2 Cup	210	100	12	8%	5	27%	0.0	35	11%	90	4%	24	8%	<1	4%	19	0	3	6	0	8	0
Peanut Butter Cup Perfection™	74	1/2 Cup	220	110	13	20%	7	33%	0.0	30	10%	140	6%	24	8%	1	6%	20	0	4	6	0	8	4
Rocky Off Road™	74	1/2 Cup	230	120	14	21%	6	29%	0.5	30	10%	90	4%	25	8%	2	6%	21	0	4	6	0	8	6
Shock-A-Cone™	74	1/2 Cup	220	110	13	19%	8	42%	0.5	30	10%	60	3%	26	9%	0	0%	21	0	2	6	0	8	0
Zenilla™	74	1/2 Cup	170	90	11	16%	7	34%	0.0	40	14%	40	2%	17	6%	0	0%	16	0	3	8	0	10	0

*** Percentage Daily Values are based on a 2,000 calorie diet.

The Nutritional Information Cold Stone Creamery has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditons, differences in product production at the store, and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, and regional menu variations.