


# Food Allergies and Sensitivities


Cold Stone Creamery has listed the top six food allergens recommended by the FDA.  
The X indicates the item contains the specified allergen.

| Item   | Allergens |      |         |         |           |       |        |
|--|-----------|------|---------|---------|-----------|-------|--------|
|  | Eggs      | Milk | Peanuts | Soybean | Tree Nuts | Wheat | Gluten |
| <b>COLD STONE CREAMERY</b>  |           |      |         |         |           |       |        |
| <b>Ice Cream</b>   |           |      |         |         |           |       |        |
| Amaretto Ice Cream   |           | X    |         |         |           |       |        |
| Banana Ice Cream   |           | X    |         |         |           |       |        |
| Black Cherry Ice Cream   |           | X    |         |         |           |       |        |
| Butter Pecan Ice Cream   |           | X    |         |         |           |       |        |
| Cake Batter Ice Cream™   |           | X    |         | X       |           | X     | X      |
| Candy Cane Ice Cream   |           | X    |         | X       |           |       |        |
| Cheesecake Ice Cream   |           | X    |         |         |           |       |        |
| Chocolate Ice Cream  |           | X    |         | X       |           |       |        |
| Chocolate Cake Batter Ice Cream™   |           | X    |         | X       |           | X     | X      |
| Chocolate Dipped Strawberry  |           | X    |         | X       |           |       |        |
| Cinnamon Ice Cream   |           | X    |         |         |           |       |        |
| Cinnamon Bun Ice Cream   |           | X    |         | X       |           | X     | X      |
| Coconut Ice Cream  |           | X    |         |         | X         |       |        |
| Cookie Batter Ice Cream  |           | X    |         |         |           | X     | X      |
| Coffee Ice Cream   |           | X    |         |         |           |       |        |
| Cotton Candy Ice Cream   |           | X    |         |         |           |       |        |
| Dark Chocolate Ice Cream   |           | X    |         | X       |           |       |        |
| Dark Chocolate Peppermint Ice Cream  |           | X    |         | X       |           |       |        |
| Egg Nog Ice Cream  | X         | X    |         |         |           |       |        |
| French Toast Ice Cream   |           | X    |         |         |           |       |        |
| French Vanilla Ice Cream   | X         | X    |         |         |           |       |        |
| Fudge Brownie Batter   | X         | X    |         | X       |           | X     | X      |
| Ghirardelli Chocolate Ice Cream  |           | X    |         |         |           |       |        |
| Irish Cream Ice Cream  |           | X    |         |         |           |       |        |
| Macadamia Nut Ice Cream  |           | X    |         |         |           |       |        |
| Mango Ice Cream  |           | X    |         |         |           |       |        |
| Marshmallow Ice Cream  |           | X    |         |         |           |       |        |
| Mint Ice Cream   |           | X    |         |         |           |       |        |
| Oatmeal Cookie Batter Ice Cream  |           | X    |         |         |           | X     | X      |
| Mocha Ice Cream  |           | X    |         | X       |           |       |        |
| Orange Dreamsicle Ice Cream  |           | X    |         | X       |           |       |        |
| Peanut Butter Ice Cream  |           | X    | X       | X       |           |       |        |
| Pecan Praline Ice Cream  |           | X    |         |         |           |       |        |
| Pistachio Ice Cream  |           | X    |         |         |           |       |        |
| Pumpkin Ice Cream  |           | X    |         |         |           |       |        |
| Raspberry Ice Cream  |           | X    |         |         |           |       |        |
| Sinless Sans Fat™ Sweet Cream  |           | X    |         |         |           |       |        |
| Sinless Cake Batter  |           | X    |         | X       |           | X     | X      |
| Strawberry Ice Cream   |           | X    |         |         |           |       |        |
| Sweet Cream Ice Cream  |           | X    |         |         |           |       |        |
| Vanilla Bean Ice Cream   |           | X    |         |         |           |       |        |
| White Chocolate Ice Cream  |           | X    |         |         |           |       |        |
| <b>Sorbet and Yogurt</b>   |           |      |         |         |           |       |        |
| Lemon Sorbet   |           |      |         |         |           |       |        |
| Raspberry Sorbet   |           |      |         |         |           |       |        |
| Watermelon Sorbet  |           |      |         |         |           |       |        |
| Tart and Tangy Yogurt (plain and berry)  |           | X    |         |         |           |       |        |
| <b>Mix-Ins</b>   |           |      |         |         |           |       |        |
| Butterfingers® Candy Bar   |           | X    | X       | X       |           |       |        |
| Chocolate Chips  |           | X    |         | X       |           |       |        |
| Nestle® Crunch Bar   |           | X    |         | X       |           | X     | X      |
| Gummi Bears  |           |      |         |         |           |       |        |
| Heath® Candy Bar   |           | X    |         | X       | X         |       |        |
| Kit Kat® Candy Bar   |           | X    |         | X       |           | X     | X      |
| M & M's® Candy   |           | X    | X       | X       |           |       |        |
| Reese's® Peanut Butter Cup   |           | X    | X       | X       |           |       |        |
| Snickers® Candy  | X         | X    | X       | X       | X         |       |        |
| White Chocolate Chips  |           | X    |         | X       |           |       |        |
| Almond Joy® Candy  | X         | X    |         | X       | X         |       |        |
| Gumballs   |           |      |         |         |           |       |        |
| Peanut M & M's®  |           | X    | X       | X       |           |       |        |
| Reese's® Pieces  |           | X    | X       | X       |           |       |        |
| Twix® Candy  |           | X    |         | X       |           | X     | X      |
| Chocolate Shavings   |           | X    |         | X       |           |       |        |
| York® Peppermint Patties   | X         | X    |         | X       |           |       |        |
| Coconut  |           |      |         |         | X         |       |        |
| Chocolate Chip Cookie Dough  | X         | X    |         | X       |           | X     | X      |
| Graham Cracker Pie Crust   |           |      |         | X       |           | X     | X      |
| Brownies   | X         |      |         | X       |           | X     | X      |
| Marshmallows   |           |      |         |         |           |       |        |
| OREO® Cookies  |           |      |         | X       |           | X     | X      |
| Peanut Butter  |           |      | X       | X       |           |       |        |
| Yellow Cake  | X         | X    |         | X       |           | X     | X      |
| Granola  |           | X    | X       | X       | X         | X     | X      |
| Nilla® Wafers  | X         | X    |         | X       |           | X     | X      |
| Toasted Coconut  |           |      |         |         | X         |       |        |
| OREO® Pie Crust  |           |      |         | X       |           | X     | X      |
| <b>Nuts</b>  |           |      |         |         |           |       |        |
| Macadamia Nuts   |           |      |         |         | X         |       |        |
| Pecan Pralines   |           |      | X       |         | X         |       |        |
| Pecans   |           |      |         |         | X         |       |        |
| Roasted Almonds  |           |      |         |         | X         |       |        |
| Walnuts  |           |      |         |         | X         |       |        |
| Cashews  |           |      |         |         | X         |       |        |
| Peanuts  |           |      | X       |         |           |       |        |
| Pistachio Nuts   |           |      |         |         | X         |       |        |
| Sliced Almonds   |           |      |         |         | X         |       |        |

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|---|-----------|------|---------|---------|-----------|-------|--------|
|   | Eggs      | Milk | Peanuts | Soybean | Tree Nuts | Wheat | Gluten |
|  |           |      |         |         |           |       |        |
| <b>Fruit</b>  |           |      |         |         |           |       |        |
| Apple Pie Filling   |           |      |         |         |           |       |        |
| Bananas   |           |      |         |         |           |       |        |
| Blackberries  |           |      |         |         |           |       |        |
| Black Cherries  |           |      |         |         |           |       |        |
| Blueberries   |           |      |         |         |           |       |        |
| Cherry Pie Filling  |           |      |         |         |           |       |        |
| Maraschino Cherries   |           |      |         |         |           |       |        |
| Pineapple Chunks  |           |      |         |         |           |       |        |
| Raspberries   |           |      |         |         |           |       |        |
| Strawberries  |           |      |         |         |           |       |        |
| Peach Pie Filling   |           |      |         |         |           |       |        |
| Raisins   |           |      |         |         |           |       |        |
| <b>Toppings</b>   |           |      |         |         |           |       |        |
| Cinnamon  |           |      |         |         |           |       |        |
| Honey   |           |      |         |         |           |       |        |
| Rainbow Sprinkles   |           |      |         | X       |           |       |        |
| Redi Wip® Original  |           | X    |         |         |           |       |        |
| Whipped Topping   |           |      |         | X       |           |       |        |
| Caramel   |           | X    |         | X       |           |       |        |
| Fudge   |           | X    |         | X       |           |       |        |
| Chocolate Sprinkles   |           | X    |         | X       |           |       |        |
| Marshmallow Crème   | X         |      |         |         |           |       |        |
| Butterscotch Fat Free   |           | X    |         | X       |           |       |        |
| Caramel Fat Free  | X         | X    |         | X       |           |       |        |
| Fudge Fat Free  |           | X    |         | X       |           |       |        |
| <b>Waffle Products</b>  |           |      |         |         |           |       |        |
| Waffle Cone or Bowl   | X         | X    |         | X       |           | X     | X      |
| Chocolate Dipped Waffle   | X         | X    |         | X       |           | X     | X      |
| Sugar Cone  |           |      |         | X       |           | X     | X      |
| <b>Smoothie Products</b>  |           |      |         |         |           |       |        |
| Lemon Ice   |           |      |         |         |           |       |        |
| Mango   |           |      |         |         |           |       |        |
| Orange Juice  |           |      |         |         |           |       |        |
| Lifestyle Smoothie Mix  |           | X    |         | X       | X         |       |        |
| Nrgize™ Supplement - Protein  |           | X    |         | X       |           |       |        |
| Nrgize™ Supplement - Antioxidant/Immune   |           |      |         |         |           |       |        |
| Nrgize™ Supplement - Anti-Stress  |           |      |         |         |           |       |        |
| Nrgize™ Supplement - Energy   |           |      |         |         |           |       |        |
| <b>Signature Cakes, Pies and Cupcakes</b>   |           |      |         |         |           |       |        |
| A Cheesecake Named Desire™  | X         | X    |         | X       |           | X     | X      |
| Butterfinger® Bonanza™  | X         | X    | X       | X       |           | X     | X      |
| Cake Batter Confetti™   | X         | X    |         | X       |           | X     | X      |
| Caramel Nut Nirvana™  | X         | X    | X       | X       |           | X     | X      |
| Chocolate Chipper™  | X         | X    |         | X       |           | X     | X      |
| Coffeehouse Crunch™   | X         | X    |         | X       | X         | X     | X      |
| Cookie Dough Delirium™  | X         | X    |         | X       |           | X     | X      |
| Cookies & Creamery™   | X         | X    |         | X       |           | X     | X      |
| Midnight Delight™   | X         | X    |         | X       |           | X     | X      |
| MMMMM Chip™   | X         | X    |         | X       |           | X     | X      |
| Peanut Butter Playground™   | X         | X    | X       | X       |           | X     | X      |
| Raspberry Truffle Temptation™   | X         | X    |         | X       |           | X     | X      |
| Strawberry Passion™   | X         | X    |         | X       |           | X     | X      |
| Pumpkin Pie   | X         | X    |         | X       |           | X     | X      |
| Cake Batter Cupcake   | X         | X    |         | X       |           | X     | X      |
| Chocolate Cupcake   | X         | X    |         | X       |           | X     | X      |
| Sweet Cream Cupcake   | X         | X    |         | X       |           | X     | X      |
| <b>Grab and Go Ice Cream</b>  |           |      |         |         |           |       |        |
| Cake Batter, Batter, Batter™  | X         | X    |         | X       |           | X     | X      |
| Founder's Favorite®   | X         | X    |         | X       | X         | X     | X      |
| Peanut Butter Cup Perfection™   |           | X    | X       | X       |           |       |        |
| Shock-A-Cone™   |           | X    |         | X       |           | X     | X      |

Your health is of utmost concern to us. Please be aware that Cold Stone Creamery products may contain traces of allergens (peanuts, tree nuts, soybeans, wheat, milk or eggs) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, chestnuts, coconut, macadamia nuts, pecans, pistachios, and walnuts. The Allergen information Cold Stone Creamery has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store, and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, and regional menu variations.

These boosts have not been evaluated by the FDA. They are not intended to diagnose, prevent, treat, mitigate or cures, any disease but rather as a dietary supplement intended only for nutritional support to a well balanced diet of food. Please consult your physician before starting any supplement program, especially if you are pregnant, nursing or taking medication. These products are not recommended for children.